

## 2023/2024 K-5 Breakfast Breakfast

## Sussex County Public Schools

Mon	Tue	Wed	Thu	Fri
1/1/2024	1/2/2024	1/3/2024	1/4/2024	1/5/2024
		Waffles, Mini, 3", Bulk  Fruit  XXXXXFresh Fruit	Main Entrée Scrambled Egg turkey bacon French Toast  Fruit XXXXXFresh Fruit Fruit Cup-Peaches Assorted juices  Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée chicken biscuit  Fruit XXXXXFresh Fruit Mixed Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy
1/8/2024	1/9/2024	1/10/2024	1/11/2024	1/12/2024
Main Entrée	Main Entrée	Main Entrée	Main Entrée	Main Entrée
Blueberry pancake mini wg  Fruit  XXXXXFresh Fruit	Scrambled Egg Bacon, single sliced ckd Biscuit ez split bkd wg rtu	Pizza breakfast squares sausage wg assorted poptarts  Fruit	French Toast turkey bacon pancake egg and cheese	Chicken & Waffle assorted poptarts  Fruit
Applesauce cup unsweet Assorted juices  Grain/Side	assorted poptarts  Fruit		Fruit  XXXXXFresh Fruit  Mixed Fruit	XXXXXFresh Fruit Fruit Cup-Peaches Assorted juices
Waffles, Mini, 3", Bulk	Fruit Cup-Peaches	Milk, 1%, White	Assorted juices	Milk
Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Cereal Grains and Pasta Cinnamon toast crunch cereal	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy Cereal Grains and Pasta trix cereal	Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy  Cereal Grains and Pasta trix cereal



Mon	Tue	Wed	Thu	Fri
1/15/2024	1/16/2024	1/17/2024	1/18/2024	1/19/2024
	Main Entrée	Main Entrée	Main Entrée	Main Entrée
	breakfast bagel with egg and sausage assorted poptarts Chix sausage pancake wh i/w  Fruit  XXXXXFresh Fruit Applesauce cup unsweet	strawberry cup Assorted juices Milk	Scrambled Egg Bacon, single sliced ckd French Toast  Fruit  XXXXXFresh Fruit Fruit Cup-Peaches Assorted juices	Chix sausage pancake wh i/w Fruit  XXXXXFresh Fruit Mixed Fruit Assorted juices Milk Milk, 1%, White
	Assorted juices  Milk  Milk, 1%, White  Milk, Chocolate, Fat Free Pet Dairy	Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Milk, Chocolate, Fat Free Pet Dairy
1/22/2024	1/23/2024	1/24/2024	1/25/2024	1/26/2024
Main Entrée	Main Entrée	Main Entrée	Main Entrée	Main Entrée
chicken biscuit assorted poptarts	Trix Cereal Bar Fruit	Pizza breakfast squares sausage wg Fruit	Chix sausage pancake wh i/w assorted poptarts	pancake egg and cheese assorted poptarts
Fruit	XXXXXFresh Fruit	XXXXXFresh Fruit	Fruit	Fruit
XXXXXFresh Fruit Applesauce cup unsweet	Assorted juices Fruit Cup-Peaches	Mixed Fruit Assorted juices	Applesauce cup unsweet XXXXXFresh Fruit	XXXXXFresh Fruit Mixed Fruit
Assorted juices	Milk		Milk	Milk
Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy





Mon	Tue	Wed	Thu	Fri		
1/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024		
		Main Entrée	Main Entrée	Main Entrée		
		Scrambled Egg	sausage egg and cheese breakfast	Pizza breakfast squares sausage wg		
		Bacon, single sliced ckd	sliders	Fruit		
			Fruit	XXXXXFresh Fruit		
		Fruit	XXXXXFresh Fruit	Fruit Cup-Peaches		
			XXXXXFresh Fruit		Applesauce cup unsweet	Assorted juices
		Mixed Fruit	Milk	Milk		
		Assorted juices	Milk, 1%, White	Milk, 1%, White		
		Milk	Milk, Chocolate, Fat Free Pet Dairy	Milk, Chocolate, Fat Free Pet Dairy		
		Milk, 1%, White				
		Milk, Chocolate, Fat Free Pet Dairy				

FILTERS		
Name(s)	Value(s)	
Buildings	(Sussex Central Elementary School)	
Date Range	(Start = 12/31/2023, End = 2/3/2024)	
Menu Plan	(2023/2024 K-5 Breakfast)	



## 2023-2024 Lunch K-5 Lunch Lunch

Sussex County Public Schools

Mon	Tue	Wed	Thu	Fri
1/1/2024	1/2/2024	1/3/2024	1/4/2024	1/5/2024
		Main Entrée	Main Entrée	Main Entrée
		HEALTHY CHOICE BAG Cheeseburger on WG Bun	HEALTHY CHOICE BAG Tangy BBQ Chicken	Pepperoni Stuffed Crust Pizza Stuffed Crust Cheese Pizza
		Vegetable	Vegetable	Vegetable
		potato wedges Baked beans	Seasoned Green Beans Baked Yams W Apples	Garden Salad French fry crinkle cut
		Fruit	Fruit	Fruit
		Mixed Fruit Assorted Fresh Fruit	Applesauce cup unsweet Assorted Fresh Fruit	Assorted Fresh Fruit Fruit Cup-Peaches
		Milk	Grain/Side	Milk
		Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Mac & Cheese WG Roll	Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy
			Milk	Condiments
			Milk, 1%, White	Ranch Dip Fat Free
			Milk, Chocolate, Fat Free Pet Dairy	Desserts
				Chocolate Chip Cookie WG
1/8/2024	1/9/2024	1/10/2024	1/11/2024	1/12/2024
Main Entrée	Main Entrée	Main Entrée	Main Entrée	Main Entrée
Chicken Alfredo HEALTHY CHOICE BAG	HEALTHY CHOICE BAG Chicken Fajitas	Sloppy Joe on Bun HEALTHY CHOICE BAG	Grilled cheese wg i/w Deli Sub	Chicken Quesadilla Pizza WG Pepperoni Stuffed Crust Pizza
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable
Broccoli Savory Buttered Corn	Savory Buttered Corn Fruit	potato wedges Baked beans	Vegetable Soup French fry crinkle cut	Savory Buttered Corn Fresh Baby Carrots
Fruit	Assorted Fresh Fruit	Fruit	Fruit	Fruit
Assorted Fresh Fruit Mixed Fruit	Mixed Fruit  Grain/Side	Mixed Fruit Assorted Fresh Fruit	Applesauce cup unsweet Assorted Fresh Fruit	Fruit Cup-Peaches Assorted Fresh Fruit
Grain/Side	Spanish Rice	Milk	Milk	Milk
Breadstick,dough chz garlic	Milk	Milk, 1%, White	Milk, 1%, White	Milk, 1%, White
Milk	Milk, 1%, White	Milk, Chocolate, Fat Free Pet Dairy	Milk, Chocolate, Fat Free Pet Dairy	Milk, Chocolate, Fat Free Pet Dairy
Milk, 1%, White	Milk, Chocolate, Fat Free Pet Dairy		Desserts	
Milk, Chocolate, Fat Free Pet Dairy	Desserts		Hershey's Triple Chocolate Cookie WG	
	Yellow Cake w/Topping WG		VVG	
	Legumes and Legume Products			
	Beans, Pinto, Low-sodium, Canned			



Mon	Tue	Wed	Thu	Fri
1/15/2024	1/16/2024	1/17/2024	1/18/2024	1/19/2024
	Main Entrée	Main Entrée	Main Entrée	Main Entrée
	Hot Dog on WG Bun BBQ on WG Bun	Chicken Nuggets Vegetable	Oven Fried Chicken HEALTHY CHOICE BAG	Pepperoni Stuffed Crust Pizza Stuffed Crust Cheese Pizza
	Vegetable	Augratin Potatoes	Vegetable	Vegetable
	French fry crinkle cut Coleslaw	Seasoned Green Beans	Collard Greens Fruit	Garden Salad French fry crinkle cut
	Baked beans	Mixed Fruit	Mixed Fruit	Fruit
	Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
		Milk	Grain/Side	Fruit Cup-Peaches
	Assorted Fresh Fruit	Milk, 1%, White	Veggie fried rice WG	Milk
	Milk	,	Milk	Milk, 1%, White
	Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Cereal Grains and Pasta	Milk, 1%, White	Milk, Chocolate, Fat Free Pet Dairy
	Wilk, Chocolate, Fat Free Pet Dally	Baked Roll	Milk, Chocolate, Fat Free Pet Dairy	Condiments
			Desserts	Ranch Dip Fat Free
			Chocolate Cake w/Topping	Desserts Chocolate Chip Cookie WG
				Chocolate Chip Cookle WG
1/22/2024	1/23/2024	1/24/2024	1/25/2024	1/26/2024
Main Entrée	Main Entrée	Main Entrée	Main Entrée	Main Entrée
Corn dog corn stick HEALTHY CHOICE BAG	Taco Salad HEALTHY CHOICE BAG	Philly Cheese Steak Pork,rib patty w/bbq sauce on bun	Grilled cheese wg i/w Deli Sub	Chicken Quesadilla Pizza WG Pepperoni Stuffed Crust Pizza
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable
potato wedges  Fruit	Refried beans Savory Buttered Corn	Lays Baked Chips Fresh Baby Carrots	Vegetable Soup French fry crinkle cut	Savory Buttered Corn Fresh Baby Carrots
strawberry cup	Fruit	Fruit	Fruit	Fruit
Assorted Fresh Fruit	Fruit Cup-Peaches	Fruit Cup-Peaches	Applesauce cup unsweet	Fruit Cup-Peaches
Milk	Applesauce cup unsweet	Applesauce cup unsweet	Assorted Fresh Fruit	Assorted Fresh Fruit
Milk, 1%, White		Milk	Milk	Milk
Milk, Chocolate, Fat Free Pet Dairy Legumes and Legume Products	Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy
Beans, Pinto, Low-sodium, Canned	Condiments	Condiments		
	Ranch Dip Fat Free	Ranch Dip Fat Free		
		Desserts		
	Chocolate Chip Cookie WG	Chocolate Chip Cookie WG		





Mon	Tue	Wed	Thu	Fri
1/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024
		Main Entrée	Main Entrée	Main Entrée
		HEALTHY CHOICE BAG Cheeseburger on WG Bun	HEALTHY CHOICE BAG Tangy BBQ Chicken	Pepperoni Stuffed Crust Pizza Stuffed Crust Cheese Pizza
		Vegetable	Vegetable	Vegetable
		potato wedges Baked beans	Seasoned Green Beans Baked Yams W Apples	Garden Salad French fry crinkle cut
		Fruit	Fruit	Fruit
		Mixed Fruit Assorted Fresh Fruit	Applesauce cup unsweet Assorted Fresh Fruit	Assorted Fresh Fruit Fruit Cup-Peaches
		Milk	Grain/Side	Milk
		Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Mac & Cheese WG Roll	Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy
			Milk	Condiments
			Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Ranch Dip Fat Free
				Desserts
				Chocolate Chip Cookie WG

FILTERS		
Name(s)	Value(s)	
Buildings	(Sussex Central Elementary School)	
Date Range	(Start = 12/31/2023, End = 2/3/2024)	
Menu Plan	(2023-2024 Lunch K-5 Lunch)	